

34th Annual Burlington Spring Cup Schedule

ODP



Saturday, April 27, 2024	
	Roses
Session 1	ODP Level 3
Registration	7:30 am - 8:00 am
March in	8:00 am - 8:10 am
Warm up	8:10 am - 8:15 am
Competition	8:15 am - 10:00 am
Awards	To follow
Sunday, April 28, 2024	
	Roses
Session 2	ODP 6 A & B
Registration	7:30 am - 8:00 am
March in	8:00 am - 8:10 am
Warm up	8:10 am - 8:25 am
Competition	8:25 am - 10:00 am
Awards	To follow
Session 3	ODP Level 1 Aereo, Barrie, Gymfinity, Galaxy, Oakville, Whitby
Registration	9:25 am - 9:55 am
March in	10:15 am - 10:30 am
Warm up	10:30 am - 10:45 am
Competition	10:45 am - 1:00 pm
Awards	To follow in awards area
Session 4	ODP Level 1 All Star, Aspire, Burlington, Forest City, Fort Erie, Evolution, Futures, Grand River, Gymnastics Energy, Pulsars, Revolution
Registration	12:40 pm - 1:10 pm
March in	1:15 pm - 1:25 pm
Warm up	1:25 pm - 1:40 pm
Competition	1:40 pm - 4:05 pm
Awards	To follow in awards area
Session 5	ODP Level 2
Registration	3:45 pm - 4:15 pm
March in	4:20 pm - 4:30 pm
Warm up	4:30 pm - 4:45 pm
Competition	4:45 pm - 6:15 pm
Awards	To follow in awards area