

2018 SPRING CUP

CALL TO MEET



MARCH 3-4 2018
SPRING CUP



BURLINGTON GYMNASTICS CLUB

PURPOSE	Invitational
HOST	Burlington Gymnastics Club
G.O. LIASON	Ekaterina Kharlip Phone: (416) 426-7102 E-mail: rhythmic@gymnasticsontario.ca Website: www.gymnasticsontario.ca
COMPETITION SITE	Haber Recreation Centre (Burlington) http://www.tourismburlington.com/partner/haber-recreation-centre/
COMPETITION DATE	March 3-4, 2018
JUDGE RESPONSIBLE	Svetlana Joukova
ACCOMMODATION	Holiday Inn Burlington Hotel and Conference Centre 3063 South Service Road, Burlington 905-639-4443 1-888-987-4888 Janice.deSilva@whg.com Hilton Garden Inn Burlington 985 Sysco Road, Burlington 905-631-7000 1-866-432-6555 Mandy.multani@hilton.com The participants must pay for their accommodation costs.
PROGRAMS	Interclub Levels 1-6 Individual and Group Provincial Levels 1-6 Individual and Group National Novice, Junior and Senior Individual and Group Special Olympics
COMPETITION RULES	Please refer to the current G.O. RG Technical Rules and Regulations
CLUB ELIGIBILITY	All G.O. registered Clubs
COACH ELIGIBILITY	All coaches must be G.O. members with a minimum NCCP Level Two certification (Theory, Technical, and Practical) in Rhythmic Gymnastics. All coaches must be listed in the attached registration forms and be prepared to show proof of G.O. membership and NCCP certification on-site in order to gain access to the floor. <i>The coach listed on the registration form must not be on the list of judges for the competition.</i> The coach listed on the registration form must be the coach that will put the athlete or group on the floor at the competition. Coaches must have completed the G.O. online Risk Management course (Part A), AND must have also completed the Respect-In-Sport course (Part B), if a previous Risk Management certification has expired.
MEDICAL	Coaches are responsible for ensuring that they have the G.O. Participant Consent and Medical Data Record forms for all participating gymnasts in their possession at the competition. G.O. sanctioned events are NOT guaranteed to be peanut or tree nut free. However, attendees should refrain from bringing items containing any peanuts or peanut products to this event. G.O. asks for your assistance in supporting an inclusive environment for all participants.
MEDICAL PERSONNEL	First Response Medical Staff On-Site: TBD

REGISTRATION	<p>Individual Registration fee: \$40 per routine</p> <p>RG group Registration fee: \$25 per group member</p> <p>Please remit ONE CHEQUE per club to:</p> <p>Burlington Gymnastics Club 710 Maple Avenue, Burlington, Ontario L7S 1M6</p> <p>Deadline for Registration & Payments: February 2, 2018</p> <p>Only ONLINE registrations will be accepted: http://www.rgform.eu/event.php?id_prop=567 Registrations by telephone, fax, or verbally will not be accepted.</p> <p>For information on online registration, please refer to Schedule A attached</p> <p>If you need to make any changes to the registration after registration has been closed, please email the changes to springcup18@gmail.com</p>
REGISTRATION DEADLINES	February 2, 2018
JUDGES	A minimum of one Judge per attending Club is appreciated. Kindly enter the name of the preferred judge on the KSIS Program: http://www.rgform.eu/event.php?id_prop=567
APPARATUS REGULATIONS	<p>Host club will provide replacement Apparatus. If an apparatus gets stuck in the ceiling or breaks during a routine, the gymnast must use a replacement as per FIG rules and will not be allowed to repeat the routine.</p> <p>As per FIG rules, a penalty will be applied to the gymnast if anyone returns an out-of-bounds apparatus to the gymnast. The gymnast must retrieve the apparatus herself.</p>
AWARDS	<p>Medals will be awarded for first, second, and third place per apparatus and all around. Ribbons will be awarded for the fourth to eighth places. In the case of fewer than three competitors for a level, only all around medals will be awarded.</p> <p>ODP (Old Level 1) athletes will not be officially judged/scores displayed and will receive a participation gift</p>
MUSIC AND SCRIPTS	<p><u>MUSIC</u> Please upload digital music MP3 files ONLINE on the KSIS program: http://www.rgform.eu/event.php?id_prop=567</p> <p>Please upload Music by February 16, 2017</p> <p>INDIVIDUAL: Full First name followed by Last name of gymnast as registered –Apparatus – Level-Club – music Title and Composer. For Example: Susan Smith-Ball-4B-Burlington-FurElise-Beethoven</p> <p>GROUPS: Level-Group size and Apparatus-Club name-music Title and Composer. For Example: L4grp-3Hoop-Burlington-FurElise-Beethoven</p> <p>NOTE: As a backup, Coaches are asked to have a CD copy available for each routine at the competition</p> <p><u>SCRIPTS</u> Please upload scripts for FREE ROUTINE LEVEL 2A, 2B, 2C, 3A, 3B, 3C, 4C, Novice ONLY on the KSIS program: http://www.rgform.eu/event.php?id_prop=567</p> <p>Please upload Scripts by February 16, 2018</p>
ACCESS TO WARM-UP GYM	Only the athlete, her accredited coach, and approved volunteers are allowed in the warm-up gym. Gymnasts who have finished competing will be asked to leave the warm-up area.
VALUABLES	Neither the host club nor G.O. will be responsible for any lost or forgotten items. You may email the meet director after the event if you wish to make inquiries concerning lost items

SCHEDULE A

ONLINE REGISTRATION INSTRUCTION

SPRING CUP

March 3rd – 4th , 2018

Open the event registration link: http://www.rgform.eu/event.php?id_prop=567

1. If you don't have an account with the KSIS program, you will need to register first by clicking on the Register tab in the top right corner
2. Register with KSIS program by providing your name, club and email address
3. Once you have registered, you can log in with the temporary password you will receive in your email inbox (you can change the password after logging in)
4. Click the **Events** tab at the top right corner to see all events. Scroll down to find **Spring Cup**. Click **Information** at the bottom (in orange) to open the event page.
5. Once you are at the event page, click on the **Preliminary Registration** tab to start your registration for the competition
6. Register all participating Gymnasts and Groups from your club, as well as all coaches and judges, who will be attending the competition. Press **Send** when you are done.
7. Next, click the **Online entry/gymnast/judge/coach** to upload Music files and Scripts (if required by the level) for Individual Gymnasts. Upload all necessary Music files and Scripts. Press Send when you are done.
8. Next, click the **Online entry groups** to upload Music files and Scripts (if required by the level) for Groups. Upload all necessary Music files and Scripts. Press Send when you are done