

## **BGC SUMMER CAMPS CELEBRATE CANADA'S 150<sup>TH</sup> & BGC 50<sup>TH</sup>!**

### **COME PLAY WITH US!**

#### **What should my child wear & bring to camp?**

- athletic attire such as shorts, t-shirts, or leotards, bare feet in the gym
- Running shoes are required for non- gym activities
- Labeled water bottles
- Energy break snacks and lunch
- \$1.25/extra pizza slice(s) \*\*once slice of pizza is included in your camp fees for our Friday Pizza Lunch
- Long hair must be tied up, no jewelry
- Hat and sunscreen
- Swim suit, towel, hat and sunscreen for swimming days

#### **Do children have breaks during the day?**

Yes. There will be periods of times where children will be able to sit, cool off and have an energy break. There are two snack times and lunch. Water breaks are encouraged throughout the day.

#### **Can I stay and watch my child?**

Parents/Guardians are more than welcome to sit and watch in our viewing areas. Please join us each Friday afternoon 3:45pm for our Gym/Dance Parent Show!

#### **How will athletes be grouped during camp?**

Participants will be divided by appropriate age groups and/or skill levels. Groups will be created at the discretion of our Supervisors.

#### **What if my child wants to be with their friend?**

If you let the Supervisor know the first day of camp, we are more than willing to accommodate that request.

#### **Does my child need any gymnastics experience to attend?**

No! There is no experience necessary to learn and enjoy our camps!

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**How safe is it?**

We have trained staff that are NCCP certified and have gymnastics experience. Many of our staff were BGC gymnasts and they have come back for the summer to do what they love best - coach!

**My child has to take medications during the day. Can I leave it with the Staff for my child to take?**

Yes. We will help your child properly take their medication and at the appropriate time. We also will hold the medication for you throughout the week if you would like, so you do not have to bring it every day.

**Do I provide food for my child?**

Yes, two healthy snacks are required, water bottles and a lunch.

**If my child is sick, can we switch to another week? Or get refunded?**

Unfortunately, we do not offer refunds, however we can offer a credit towards another camp day.

**Is there before and after care?**

Absolutely. We offer a before-care program as early as 7:30am for \$15.00/day, and after care until 5:30pm for \$15.00/day. If you require both before and after care fee is \$25.00/child/day. Your child will be supervised by one of our staff to care for your children.