

2017/18 Gymnastics Program

MAINWAY CENTRE

Fall Session (F) 13 weeks – starts Sept. 9 2017

Winter Session (W) 13 weeks – starts Jan. 8 2018

Spring Session (SP) 9 weeks – starts April 21 2018

| Program | Cost | Age | Mon | Tues | Wed | Thurs | Fri | Sat | Sun |
|---|-----------------------------------|---------------------------|-------------------------------------|---|-----------|--|-------------|--|---------------------------|
| Baby and Toddler : 0 - 3 years | | | | | | | | | |
| BabyGYM (30 mins) | \$170.00 (F / W) \$115.00 (SP) | 8 - 18 mos. | | | | | 10:30-11:00 | | 11:00-11:30 |
| Parent & Tot (60 mins) | \$280.00 (F / W) \$200.00 (SP) | 18 mos. - 3 years | 5:30-6:30 6:30-7:30 | 9:30-10:30 5:30-6:30 6:30-7:30 | | 10:30-11:30 5:30-6:30 6:30-7:30 | 9:30-10:30 | 9:00-10:00 10:00-11:00 11:00-12:00 | 9:30-10:30 10:30-11:30 |
| KinderGYM: 3 - 5 years | | | | | | | | | |
| KinderGYM (60 mins) | \$280.00 (F / W) \$200.00 (SP) | 3 - 5 years | 4:30-5:30 5:30-6:30 6:30-7:30 | 9:30-10:30 4:30-5:30 5:30-6:30 6:30-7:30 | | 10:30-11:30 4:30-5:30 5:30-6:30 6:30-7:30 | 9:30-10:30 | 9:00-10:00 10:00-11:00 11:00-12:00 | 9:30-10:30 10:30-11:30 |
| KinderGYM Plus (90 mins) | \$340.00 (F / W) \$230.00 (SP) | 4 - 5 years | | 4:30-6:00 6:00-7:30 | | 4:30-6:00 6:00-7:30 | | 9:00-10:30 10:30-12:00 | 9:30-11:00 11:00-12:30 |
| KinderGYM Rhythmic (60 mins) | \$280.00 (F / W) \$200.00 (SP) | 4 - 5 years | | | | | | | 1:00-2:00 |
| Youth: 6 - 13 years | | | | | | | | | |
| Beginner YouthGYM (60 mins) | \$280.00 (F / W) \$200.00 (SP) | 6 - 8 years | 4:30-5:30 5:30-6:30 6:30-7:30 | 4:30-5:30 5:30-6:30 6:30-7:30 | | 4:30-5:30 5:30-6:30 6:30-7:30 | | 9:00-10:00 10:00-11:00 11:00-12:00 | 9:30-10:30 10:30-11:30 |
| BOYS ONLY Beginner YouthGYM (60 mins) | \$280.00 (F / W) \$200.00 (SP) | 6 - 8 years | 5:30-6:30 | | | | | 10:00-11:00 | |
| YouthGYM (90 mins) | \$340.00 (F / W) \$230.00 (SP) | 7 - 10 years | 4:30-6:00 6:00-7:30 | 4:30-6:00 6:00-7:30 7:30-9:00 | | 4:30-6:00 6:00-7:30 7:30-9:00 | | 9:00-10:30 11:00-12:30 12:30-2:00 | 11:00-12:30 |
| YouthGYM Plus (2 hours) | \$415.00 (F / W) \$285.00 (SP) | 10 - 13 years | 6:30-8:30 | | | | 6:30-8:30 | 12:30-2:30 | 1:00-3:00 |
| Tumbling (60 mins) | \$280.00 (F / W) \$200.00 (SP) | 6 - 8 years | | 4:30-5:30 | | 4:30-5:30 | | | |
| Tumbling Plus (90 mins) | \$340.00 (F / W) \$230.00 (SP) | 9 - 12 years | | 5:30-7:00 7:00-8:30 | | 5:30-7:00 7:00-8:30 | | 12:30-2:30 | |
| Trampoline (60 mins) | \$280.00 (F / W) \$200.00 (SP) | 6 - 8 years | | 4:30-5:30 | | 4:30-5:30 | | | |
| Trampoline Plus (90 mins) | \$340.00 (F / W) \$230.00 (SP) | 9 - 12 years | | 5:30-7:00 7:00-8:30 | | 5:30-7:00 7:00-8:30 | | 12:30-2:30 | |
| Rhythmic (90 mins) | \$340.00 (F / W) \$230.00 (SP) | 5 - 10 years | | | 5:00-6:30 | | | | |
| Adult: 13+ years | | | | | | | | | |
| Teen & Adult Trampoline (90 mins) | \$340.00 (F / W) \$230.00 (SP) | 13+ years | | 8:30-10:00 PM | | | | | |
| Workshop / Advanced Recreation (*BY AUDITION) | | | | | | | | | |
| KinderGYM Workshop (1.5 hours x 2 days / week) *BY AUDITION, GIRLS ONLY | \$600.00 (F / W) \$405.00 (SP) | 4 - 5 years GIRLS ONLY | 4:30-6:00 | | | 4:30-6:00 | | | |
| Junior Workshop (3 hours) *BY AUDITION, GIRLS ONLY | \$600.00 (F / W) \$405.00 (SP) | 6 - 7 years GIRLS ONLY | | | | 4:30-7:30 | | | 1:00-4:00 |
| Workshop (3 hours) *BY AUDITION, GIRLS ONLY | \$600.00 (F / W) \$405.00 (SP) | 8+ years GIRLS ONLY | | | | | | 12:30-3:30 | 1:00-4:00 |